



# FREE! DAILY PHONE CALL

To learn more about life-saving Sunshine calls... **Dial 2-1-1 Today!**



**“Hello Sarah, Sunshine calling!”**

## SENIOR GUIDE TO COMMUNITY SERVICES- MARTIN COUNTY

| <b>MEDICAL EMERGENCY</b>                  | <b>9-1-1</b>   | <b>CRISIS INTERVENTION</b>                     | <b>2-1-1</b>   |
|---|----------------|--|----------------|
| <b>ABUSE- ADULT &amp; DOMESTIC</b>        |                | <b>DEATH/DYING/GRIEF</b>                       |                |
| Abuse Hotline- Florida                    | (800) 962-2873 | Bureau of Vital Statistics (FL Dept of Health) | (904) 359-6900 |
| Aid to Victims of Domestic Abuse-AVDA     | (800) 355-8547 | Martin County Health Department                | (772) 221-4000 |
| Long-Term Care Ombudsman                  | (888) 831-0404 | Treasure Health-Hospice Service & more         | (866) 999-4550 |
| Martha’s House                            | (863) 763-0202 | <b>DISABILITY SERVICES</b>                     |                |
| SafeSpace                                 | (772) 288-7023 | Agency for Persons with Disabilities           | (772) 468-4080 |
| <b>ADULT DAY CARE</b>                     |                | Coalition for Independent Living Options       | (772) 485-2488 |
| Alzheimer's Community Care (North Stuart) | (772) 692-6981 | Division of Blind Services                     | (866) 225-0794 |
| Council on Aging of MC at the Kane Center | (772) 223-7843 | FL Alliance for Assistive Services & Tech.     | (888) 788-9216 |
| <b>ALZHEIMER'S DISEASE</b>                |                | Florida Relay Service                          | (800) 676-3777 |
| Alzheimer's Association 24-hour helpline  | (800) 272-3900 | Florida DOE Vocational Rehabilitation (Stuart) | (772) 221-4095 |
| Alzheimer's Community Care                | (772) 223-6351 | Lighthouse for the Blind of the Palm Beaches   | (888) 399-1129 |
| Alzheimer’s & Parkinson’s Assoc. of TC    | (772) 335-1910 | <b>DISABLED PARKING PERMITS</b>                |                |
| Council on Aging of MC at the Kane Center | (772) 223-7800 | Martin County Tax Collector                    | (772) 288-5600 |
| <b>CAREGIVER ASSISTANCE &amp; SUPPORT</b> |                | <b>EDUCATION- ADULT</b>                        |                |
| Alzheimer's Community Care (North Stuart) | (772) 692-6981 | Center For Reading And Literacy- MC Library    | (772) 219-4960 |
| Council on Aging of MC at the Kane Center | (772) 223-7800 | Florida Literacy Coalition                     | (800) 237-5113 |
| <b>CASE MANAGEMENT</b>                    |                | Indian River State College (Chastain Campus)   | (772) 283-6550 |
| Alzheimer's Community Care (North Stuart) | (772) 223-6351 | Stuart Community Adult Education Center        | (772) 219-1296 |
| Council on Aging of MC at the Kane Center | (772) 223-7800 | Vocational Adult Community Education MC        | (772) 219-1200 |
| <b>COMPANION/HOME HEALTH/HOME HELP</b>    |                | <b>EMPLOYMENT- ELDER</b>                       |                |
| Council on Aging of MC at the Kane Center | (772) 223-7800 | AARP Foundation SCSEP (dial ext. 553)          | (772) 408-1260 |
| Visiting Nurse Association of Florida     | (800) 318-0399 | <b>FINANCIAL ASSISTANCE</b>                    |                |
| <b>CONGREGATE MEAL SITES:</b>             |                | Martin Co. Health and Human Services           | (772) 288-5629 |
| Log Cabin Senior Center (Jensen Beach)    | (772) 223-7825 | <b>FOOD PANTRIES/MEAL SITES</b>                |                |
| M.Zion Mission Baptist Church-Indiantown  | (772) 223-7825 |  | 2-1-1          |
| Salerno Southern Methodist Church         | (772) 223-7825 | <b>FOOD- HOME DELIVERED MEALS</b>              |                |
| Stuart Recreation Center                  | (772) 223-7825 | Council on Aging of MC at the Kane Center      | (772) 223-7826 |
| <b>CREDIT COUNSELING/MONEY</b>            |                | <b>FORECLOSURE CONCERNS</b>                    |                |
| Consolidated Credit Counseling Services   | (800) 210-3481 |  | 2-1-1          |
| Debthelper.com                            | (800) 920-2262 | <b>FRAUD/CONSUMER COMPLAINT</b>                |                |
| Debt Management Credit Counseling Corp.   | (866) 618-3328 | Better Business Bureau                         | (772) 223-1492 |
| Money Management International            | (800) 251-2227 | Condo Ombudsman                                | (954) 202-3234 |
|   |                | Consumer Helpline                              | (877) 693-5236 |
|   |                | Seniors vs. Crime                              | (800) 203-3099 |



Sunshine is a free program of 211, your community helpline and crisis hotline- for seniors 60 and over or those who are housebound or disabled. You pick your call time from 7:30 am to 5:00 pm. We provide the daily “hello” and check in on your wellbeing. Dial 2-1-1 to get started or to learn more.



# SENIOR GUIDE TO COMMUNITY SERVICES- MARTIN COUNTY

## HEALTH CONCERNS

|   |                |
|---|----------------|
| American Cancer Society                 | (561) 616-9370 |
| American Diabetes Association           | (800) 342-2383 |
| American Heart Association              | (800) 242-8721 |
| American Lung Association of SE Florida | (800) 330-5864 |
| Epilepsy Foundation of Florida          | (877) 553-7453 |
| Lupus Foundation of America FL Chapter  | (855) 905-8787 |
| Martin County Health Department         | (772) 221-4030 |
| National Parkinson Foundation Chapter   | (800) 473-4636 |
| National Stroke Association             | (888) 361-6753 |

## HOSPITALS

|   |                |
|---|----------------|
| Cleveland Clinic Martin South           | (772) 223-2300 |
| Cleveland Clinic Martin North           | (772) 287-5200 |
| Port St. Lucie Hospital                 | (772) 335-0400 |
| Lawnwood Regional Medical Center        | (772) 461-4000 |
| West Palm Beach Veterans Medical Center | (800) 972-8262 |

## HURRICANE/DISASTER/\*SPECIAL NEEDS SHELTER

**Martin County Emergency Management (772) 287-1652**

\*Get your application filed early-well in advance of hurricane!

## INSURANCE

|  |                    |
|--|--------------------|
| Agency for Health Care Administration      | (800) 226-5082     |
| DCF Access Florida (Medicaid)              | (866) 762-2237     |
| FL Dept of Financial Services (Homeowners) | (800) 342-2762     |
| Health Insurance Marketplace               | www.HealthCare.gov |
| Medicare Information                       | (800) 633-4227     |
| SHINE (ARC) help with Medicare concerns    | (866) 684-5885     |

## LEGAL SERVICES

|  |                |
|--|----------------|
| 19 <sup>th</sup> Judicial Circuit- Main Number | (772) 807-4370 |
| American Civil Liberties Union of Florida      | (786) 363-2700 |
| Florida Rural Legal Services                   | (888) 582-3410 |
| Florida Senior Legal Helpline                  | (888) 895-7873 |

**MEDICAL SUPPLIES/EQUIPMENT (561) 640-2995**

## MENTAL HEALTH COUNSELING

|  |                |
|--|----------------|
| Helping People Succeed                   | (772) 320-0770 |
| Indian River Medical Center              | (772) 563-4666 |
| TC Behavioral Healthcare at Lawnwood     | (800) 433-2673 |
| NAMI- National Alliance on Mental Health | (772) 285-0967 |
| New Horizons of the Treasure Coast       | (888) 468-5600 |
| Port St. Lucie Hospital                  | (772) 335-0400 |
| Suncoast Mental Health Center            | (888) 373-5010 |

**PETS-** low cost veterinarian (PBC-Jupiter) (561) 712-1911

Humane Society of the Treasure Coast (772) 223-8822

## PRESCRIPTION ASSISTANCE

2-1-1

## SENIOR CENTERS

|                         |                |
|-------------------------|----------------|
| The Kane Center         | (772) 223-7800 |
| Log Cabin Senior Center | (772) 334-2926 |

**TOBACCO/SMOKING- Quit For Life!** (877) 822-6669

**SOCIAL SECURITY ADMIN** (800) 772-1213

## SUBSTANCE ABUSE

|   |                |
|---|----------------|
| ADAP Counseling Services                    | (772) 286-8933 |
| Alcoholics Anonymous- Intergroup Martin Co. | (772) 283-9337 |
| Catholic Charities of Martin County         | (772) 283-0541 |
| Central Florida Treatment Center            | (772) 468-6800 |
| Counseling and Recovery Center              | (772) 467-3057 |
| New Horizons of the Treasure Coast          | (888) 468-5600 |
| Serenity Counseling Services                | (772) 692-8585 |
| TC Behavioral Healthcare at Lawnwood        | (800) 433-2673 |

## SUPPORT GROUPS

2-1-1

MorrisLife- Grandparents raising grandchildren (561) 386-2879

## SUNSHINE CALLS

2-1-1

211's Sunshine-is a free daily call to say "Hi" & wellness check

## TRANSPORTATION

|  |                |
|--|----------------|
| Martin County Public Transit   | (772) 463-2860 |
| *Also visit <a href="http://www.martin.fl.us/transit">www.martin.fl.us/transit</a> for schedules & MyRide info |                |
| Medicaid Transportation (MTM)  | (866) 836-7034 |

## UTILITY ASSISTANCE

2-1-1

EHEAEP (Elderly Energy Assistance Program)

LIHEAP (Low- Income Energy Assistance Program) 2-1-1

**VETERAN'S CRISISLINE 1- (800) 273-TALK (8255)**

**VETERANS** also MYFLVET peer to peer support 2-1-1

Florida Department of Veterans Affairs (800) 827-1000

Jupiter Vet Center (561) 422-1220

VA Caregivers Support Line (855) 260-3274

Veterans CBOC- Stuart Outpatient Clinic (772) 288-0304

Veterans Resource Center- Homeless Vets (561) 422-8223

Veterans Service Office- Martin County (772) 288-5448

Veterans Transportation to VAMC WPB (772) 288-5450

West Palm Beach VA Medical Center (800) 972-8262

Women Veterans Health Programs (561) 422-1236

Women Veterans Hotline (1- 855-VA-WOMEN) (855) 829-6636

Wounded Warrior Resource Center (888) 997-2586

## VOLUNTEER OPPORTUNITIES & MORE

United Way- Martin Volunteers & RSVP (772) 283-4800

Also ask about United Way's VITA free Tax assistance program



This is a partial listing of frequently requested information maintained by 211 HelpLine. The info contained is the most current available as of January 2022. Inclusion does not imply endorsement, nor does omission imply a lack of endorsement by 211. For more info dial 2-1-1 Visit [www.211treasurecoast.org](http://www.211treasurecoast.org) to Chat Online- or to Text: text your zip code to 898211.